

# Turning Insight into Action - Shaping Tomorrow Together

Hosted by Head to Health Kids Queensland - Gold Coast

08:30 - 09:00

## Registration

09:00 - 09:05

## Welcome

**Julian Archer**

Paediatrician | *Head to Health Kids*

09:05 - 09:15

## Welcome to Country

**Uncle John Graham**

*Yugambah Regional Aboriginal Corporation Alliance*

09:15 - 09:25

## Acknowledgement of Lived Experience

**Vivianne Kissane OAM**

CEO | *Peach Tree Perinatal Wellness*

09:25 - 09:45

## Turning Insight into Action- Shaping Tomorrow Together

**Sharon Ward**

Director, Children and Young People Strategy and  
Partnerships Unit | *Mental Health, Alcohol and Other  
Drugs, Queensland Health*

09:45 - 10:45

## Towards More Accessible and Effective Evidence-Based Care for Children, Young People and Families

**Professor Caroline Donovan**

*Griffith University Centre for Mental Health*

**Professor Lara Farrell**

*Griffith University Centre for Mental Health*

**Professor Allison Waters**

*Griffith University Centre for Mental Health*

**Dr Ned Chandler-Mather**

*Griffith University Centre for Mental Health*

10:45 - 11:15

## Morning Tea

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11:15 – 11:35

## Childhood Adversity, the Brain and Mental Health

**Professor Justin H G Williams**

Medical Director for Innovation, Evaluation and Research | *Gold Coast Mental Health & Specialist Services*

11:35 – 12:00

## id or ID and What's so bad about the "c" word?

**Kerry Russell**

Support Worker | *Griffith University*

12:00 – 12:30

## Head to Health Kids on the Gold Coast

**Emma Hawkins**

Acting Nursing Director | *Child & Youth Mental Health Service*

12:30 – 13:15

## Lunch

13:15 – 14:00

## A Journey through Head to Health Kids

**Kylie Hook, Cindy Heddle & Karen Mayfield**

*Head to Health Kids Queensland Gold Coast Team*

14:00 – 15:00

## Community Collaboration in Action

**Yee Yan Wong & Aimee Rose**

*Primary & Community Care Services*

**Violetta Humphreys & Shannon Williams**

*Benevolent Society*

**Tracey Tyley**

*The Motherhood Village*

**Melanie Excell & Claire Muir**

*The Scholars Group*

15:00 – 16:00

## Closing Remarks and Afternoon Tea